



Fundació
Docència i Recerca
MútuaTerrassa



SOCIETAT
CATALANA
DE DOLOR

2nd COURSE ON CHRONIC PELVIC PAIN

-
A CASE BASED
APPROACH

December
18th 2026
8:15h - 19:00h

Limited places



Edifici Docent
MútuaTerrassa
Sala MútuaTerrassa
C/ Sant Antoni, 39
08221 Terrassa

Course in Spanish. Some lectures will be in English without simultaneous translation



Hospital Universitari
MútuaTerrassa



UNIVERSITAT
DE BARCELONA

ENGLISH

Chronic pelvic pain is a complex and demanding reality that profoundly affects the lives of those who experience it, women and men alike. Its impact extends across the physical, emotional, personal, social and professional spheres. To this burden, we must add the persistent invisibility of the condition and the lack of understanding and empathy that too often surround it.

At Mútua Terrassa, we are convinced that training is one of the most powerful tools to transform this situation. Sharing knowledge, updating our perspectives and listening to the experiences of both professionals and patients allows us to advance toward care that is more humane, more rigorous and more effective.

In 2025, we launched our first course dedicated to chronic pelvic pain, an initiative that received an exceptional response. The reflections, suggestions and enthusiasm of the participants have been essential in shaping this second edition. In 2026, we present a renewed program with a special emphasis on practical and technical aspects, guided by leading professionals in the field.

We hope this course will continue to serve as a privileged meeting point: a space for learning, exchange and collective growth, built on friendship, respect and open dialogue among colleagues who, from different disciplines and perspectives, share a common purpose: to improve the lives of people living with chronic pain.

We look forward to welcoming you.

Directors: Oriol Porta, Núria Pérez and Jean Clavé.



08:15 h

WELCOME AND PRESENTATION

08:30 h

KEYNOTE SPEECH: HOW TO ORGANIZE A MULTIDISCIPLINARY CONSULTATION FOR CHRONIC PELVIC PAIN

Oriol Porta. Gynecology Department. MútuaTerrassa University Hospital.

Núria Pérez. Physical Medicine and Rehabilitation Service. MútuaTerrassa University Hospital.

Jean Clavé. Anaesthesiology Service. MútuaTerrassa University Hospital.

SESSION 1. Blocking and infiltration techniques

Coordinators: Lara Quintas. Gynecology Department. Hospital Clínic Barcelona.

Jean Clavé. Anaesthesiology service and Pain Clinic, MútuaTerrassa University Hospital.

09:00 h

ULTRASOUND-GUIDED PUDENDAL BLOCK AND RADIOFREQUENCY

Jean Clavé. Anestesiòleg. Anesthesiologist, Pain Clinic, MútuaTerrassa University Hospital.

09:20 h

RX-GUIDED PUDENDAL BLOCK

Juan Pablo Oglio. Anesthesiologist, Pain Clinic, MútuaTerrassa University Hospital.

09:40 h

PUDENDAL BLOCK AND OTHER NERVE BLOCKS: WHEN AND HOW DO I DO IT

Thibault Riant. Algologist, Hôpital Privé du Confluent, Nantes, France.

10:00 h

BLOCK OF THE ODD LYMPH NODE AND SACROCOCCYGLIAL JOINT

Xavier Morales. Anesthesiologist, Pain Clinic, Hospital General de Catalunya.

10:20 h

INFILTRATIONS OF THE ILIOINGUINAL, ILIOHYPOGASTRIC AND GENITOFEMORAL NERVES

Jenaro Mañero. Anesthesiologist, Pain Clinic, Parc Taulí University Hospital.

10:40 h

DISCUSSIÓ

11:00 h

COFFEE BREAK

SESSIÓ 2. Botulinum toxin in pelvic pain

Coordinators: Carmen Urbaneja. Physical Medicine and Rehabilitation, Madrid, Spain. **Maribel Valdivia.** Gynecology Department. Seville, Spain.

11:30 h

BASICS OF THE USE OF BOTULINUM TOXIN IN PELVIC PAIN

Soraya Hijazi. Physical Medicine and Rehabilitation. University Hospital Complex of Albacete.



11:45 h

ULTRASOUND-GUIDED INTRAPELVIC MUSCLE INFILTRATIONS

Núria Pérez. Physical Medicine and Rehabilitation of MútuaTerrassa University Hospital.

12:00 h

EXTRAPELVIC INFILTRATIONS RELATED TO PELVIC PAIN

Georgia Romero. Althaia. University Healthcare Network of Manresa.

12:15 h

PAINFUL UTERUS SYNDROME

Eric Bautrant. Gynecology Department, PP convergences. Paris and Aix-en-Provence, France.

12:30 h

RESULTS OF BOTULINUM TOXIN IN PELVIC PAIN

Ana Vázquez. Gynecology Department. MútuaTerrassa University Hospital.

12:45 h

ROLE OF PHYSIOTHERAPY AFTER BOTULINUM TOXIN INFILTRATION

Annabel Santamaria. Rehabilitation Service. MútuaTerrassa University Hospital.

13:00 h

PELVIC FLOOR ULTRASOUND IN CHRONIC PELVIC PAIN

Jordi Cassadó. Gynecologist. Mutua Terrassa University Hospital.

13:15 h

DISCUSSION

13.45 h

LUNCH

15.00 h

CONFERENCE: WHAT WORKS IN CHRONIC PELVIC PAIN?

Malgorzata Starzec-Proserpio. Physiotherapist. Poland and Canada. International Pelvic Pain Society.

SESSION 3. Trends/Regenerative Medicine & Pain

Coordinators: Jordi Moreno. Gynecology Department. Consorci Sanitari de Terrassa. **Raquel Tulleuda.** Gynecology Department. Hospital Universitari MútuaTerrassa.

15:30 h

TOPICAL CANNABIDIOL PLUS MYRCENE FOR THE TREATMENT OF VESTIBULODYNIA

Filippo Murina. Gynecology Department. V. Buzzi Hospital, Milan, Italy.

15:45 h

HYALURONIC ACID IN VESTIBULODYNIA

Dra. Antonella de Ponte. Gynecology Department. Hospital Dexeus Dona, Barcelona.

16:00 h

PRP IN VULVOVAGINAL DISORDERS

Dra. Teresa Gómez Sugranyes. Gynecology Department. Teknon Medical Center, Barcelona.



16:15 h

SHOCKWAVES AND PELVIC PAIN

Speaker to be confirmed.

16:30 h

RADIOFREQUENCY AS AN ADJUVANT TO PHYSIOTHERAPY FOR THE TREATMENT OF PELVIC PAIN

Stephanie Kauffmann. Physiotherapist, RAP Barcelona.

16:45 h

CONCLUSIONS and CLOSING

SESSION 4. PRACTICAL WORKSHOP

The workshop has a capacity limited to 50 people. Price of the workshop: 100€. Differentiated registration is required, in addition to registration for the course. Admission in order of registration.

There will be 5 clinical stations. Students will rotate through the 5 clinical stations. Each clinical station will last 20 minutes. Students will be divided into 5 groups of a maximum of 10 students, so that there will be no more than 10 students at the same time at each station. The 5 stations will be held simultaneously in different spaces, and the groups will rotate every 20 minutes.

17:15 h

STATION 1: Infiltrations of PRP in an anatomical model

Gemma Bosch i Raquel Tulleuda. University Hospital MútuaTerrassa.

STATION 2: Botulinum toxin infiltrations in intrapelvic muscles

Ana Borobia. La Paz University Hospital.

STATION 3: Radiofrequency in pelvic pain.

Bárbara Puyo. Clinical Training Manager Rehab / Sport / Intimate a INDIBA.

STATION 4: Anatomy and nerve block techniques

Jean Clavé. University Hospital MútuaTerrassa.

STATION 5: Hyaluronan acid injections.

Antonella de Ponte. Hospital Dexeus Dona.



REGISTRATION and TECHNICAL SECRETARIAT

Limited places

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Web: <https://pelvicpain.bocemtium.com>

bocemtium
congresses|events|meetings

Prices:

Members: **120€**
(Convergences PP - IPPS)

Non-members: **180€**

Languages: Spanish and English. There will be no simultaneous translation service.

Activity pending accreditation by the Catalan Council for Continuing Education of Health Professions and the Continuing Education Commission of the National Health System.



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Under the auspices of:

